

“God Is Able”
Gleanings From the Book of Ephesians
Ephesians 3:20

Lesson 5
The Spirit Filled Life

The Apostle Paul wrote to a group of believers who were living in an evil culture and were surrounded by pagans who focused their lives on worldly pleasures and indulging their every fleshly whim and desire. Paul reminded them of their high calling in Christ and how they should be conducting themselves as Spirit-filled believers. Paul’s concern for the Ephesians is just as relevant for us today as we live in the same worldly environment. As you study this section of Scripture, determine to obey Paul’s command to be filled with the Spirit.

Read Ephesians 5:18-21.

1. Ep[hesians 5:18 commands us, *And do not be drunk with wine*. What reason follows this command?
 - a. Define *dissipation* as it is used in this verse.

2. Rather than *be drunk with wine*, what are we to do?
 - a. In what ways is *being filled with the Spirit* more *filling* and *fulfilling* than being *drunk with wine*?

3. What does Ephesians 5:19 tells us to do?
 - a. What is your favorite:

psalm

hymn

spiritual song (for the purpose of this lesson--contemporary Christian song)
4. What have you found to be the fruit of *singing and making melody in your heart to the Lord*?
5. Paul continues his instructions in verse 20. Using this verse, answer the following questions:
 - a. What are we to do?
 - b. To Whom are we to *give thanks* and in Whose name?

- d. Why is it important to remember the answer to the question above when we *give thanks*?

- c. What do you think Paul means when he tells us to *give thanks **always** for **all** things*?

- d. Are you able to do this even in hard circumstances?

- 6. What have you found to be the fruit of *giving thanks*?

- 7. Why do you think the believer must be reminded to obey the commands of Ephesians 5:20?

- 8. Ephesians 5:21 introduces the concept of *submission*. According to this verse, to whom are we to *submit*?
 - a. Define *submission* using a Bible dictionary.

- b. We have been taught that *submission* involves obeying authority. Since verse 21 tells us to *submit to one another*, how do we do that?
 - c. What kinds of behaviors are opposite of *submission*?
9. For further consideration, look up each of the following verses and explain what indicated the filling of the Holy Spirit?

Acts 2:4 –

Acts 4:8 –

Acts 4:31 –

Acts 6:3 –

Romans 8:9 –

1 Corinthians 12:13 –

10. Is it possible to live a Spirit-filled existence apart from the Word of God?
Explain your answer.

In what ways were you challenged by this lesson?





