

“God Is Able”
Gleanings From the Book of Ephesians
Ephesians 3:20

Lesson 2
Our New Life in Christ

What a wretched life we lived before we surrendered to the Lordship of Jesus Christ. It is good to be reminded of our past and what we have been saved from so that we can truly appreciate what Christ did for us when He redeemed our souls by dying on the cross. What a transformation occurs when we change our status from unbeliever to believer. Study the following section of scripture with a heart of love and gratitude, and with praise to our gracious and good God.

Read Ephesians 2:1-10.

1. Record the attributes of our awesome God found in this portion of Scripture. The first one is completed for you.

Verse 4 He is rich in mercy

Verse 4

Verse 7

Verse 7

- a. Choose the attribute listed above that you are most thankful for and share why.
2. In verse 1, what does it mean to be “dead in trespasses and sins”?

3. Think back to when you were “dead in trespasses and sins.” Consider the ways your life has changed since God has “made you alive.” What are you most thankful for as you compare the past with the present?

4. These verses have often been referred to as the “Great Before and After” because of how they portray the way we were before we knew God and the wonderful transformation after. Complete the columns below to highlight this great work of the Lord.

Vs	What We Were Like	Vs	What God Did
1,5		1	
2		4,5	
3		6	

5. According to the following verses, what should our response be to such a marvelous transformation?

Romans 12:1

1 Corinthians 6:20

1 Peter 2:9

- a. What are some ways we can do this?
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- 6. God's remedy to our spiritual deadness is recorded twice (verses 1 and 5). What has He done?
 - a. Describe the new sensitivity you have to spiritual things now that your spirit has been *made alive*.
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- 7. Even though we have been transformed, we still live in bodies of flesh; we still have a mind and a free will. In what ways does having your spirit *made alive* change your attitude about the *desires of the flesh and the mind*?
 - a. How can we live in a body of flesh without fulfilling its desires? (See Galatians 5:16.)

8. Look again at the phrase in Ephesians 2:5 that begins with the words *made us alive*. What three words follow?
 - a. List two other things God has done for the believer. These can be found in verse 6.
 - b. Just as God has made Jesus alive from the dead, raised Him up and seated Him in the heavenly places, so He has also done for the believer. God's grace toward us should provoke a response from us. It is not just information for us to know, it is power to be applied. What does Colossians 3:1 exhort us to do?
 - c. What do you think this means in a practical sense?
9. Verses 8-9 are two of the most assuring verses in the Bible. What do they say?
 - a. What is the *gift of God* give to you?
 - b. What two phrases tell us what we are *not* saved by?

- c. What does being *saved by grace* prevent us from doing?
 - d. According to 1 Corinthians 1:31, what should believers *boast* or *glory* in?
10. What are we called in Ephesians 2:10?
- a. Although we are not saved by good *works*, as God's *workmanship* we have been created for a purpose. What is God's intention for *good works* in the life of the believer?
 - b. How would you explain this to someone who was struggling with what part doing *good works* has in the life of a believer?
 - c. What is the difference between what you might have called *good works* before you were a believer and the *good works* you do now?

IN CLOSING, share something from this lesson that has touched your heart.





